



**Lady Margaret School**  
**Activities Week**  
**2024**



# Lady Margaret School Activities Week 2024

Following the success of last year, Lady Margaret School is holding KS3 Activities Week which will be taking place from 1st to 5th July 2024. During this week, the normal timetable is suspended and students will take part in a wide range of activities.

The 2024 booklet with all details can be found on the school website and provides details of the programmes that we have available. We have included a variety of activities to suit all tastes at a range of costs. For each activity, you will find a brief description of the week, a suggested itinerary and an indication of the cost.

Please take some time to look through the booklet and decide with your daughter which activities they would like to apply for. Then complete the google form which will be emailed to all students on Monday 6th November.

It is vital that you include a first, second and third choice of activity as some programmes will be very popular. Whilst we do our best to meet first choices, the placement of pupils onto programmes will remain a school decision and we will consider behaviour and attendance.

There will be a parents' information evening for all residential visits in the Summer Term. Activities Week Selection Form should be completed by **Wednesday 8th November 9am.**

**At least one of your choices must be a London based trip (non residential).**

Please note we are unable to provide financial assistance with residential trips for Activities Week





# Pupils' Briefing Sheet for School Trips

At LMS, we are proud of the number and variety of trips that we have on offer. We regularly receive praise for the conduct of our pupils out and about in London and further afield. We put a lot of time and effort into running these trips for you and, in order for them to be safe, successful and enjoyable, we expect you to adhere to the following guidelines.

## 1. Code of Behaviour:

- School Behaviour Policy applies both at School and on School trips.
- There is a separate code of conduct for residential visits which has to be signed by pupils and their parents. Pupils who do not abide by this code are sent back to school at their parents expense.

## 2. All LMS students must, at all times, show respect for:

- Staff - (including instructors, catering/cleaning staff or any other employees at centres/hotels/restaurants etc.)
- Each other - we treat each other kindly and respect each other's differences.
- Property - we do not use other people's possessions.
- The environment - please pick up your litter.
- Rooms/tents you are staying in - please keep these tidy.
- Transport vehicles e.g. coach/minibus - do not leave a mess.

## 3. General Advice:

- Listen carefully to instructions.
- Follow the rules of the centre/hotel/campsite.
- Be polite and friendly ("Please" and "Thank you" go a long way!)
- Be sensible with your valuables.





#### 4. Health and Hygiene:

- Staff will have details of your medical requirements but please discuss any issues/concerns with them at an early stage.
- Ensure you have your correct inhaler/medication with you.
- Apply sun-cream regularly when needed.
- Keep hydrated by drinking plenty of water.
- Wash/shower, use deodorant, and change your clothes regularly.

#### 5. Friendships:

- Look after each other and make sure that everyone feels included.
- Alert Staff/Sixth Form helpers if you are worried about anyone.
- Open your eyes to new friendships.

#### 6. Transport:

- Follow instructions carefully.
- Always wear your seat belt.
- Take care crossing roads and remember when you are abroad look LEFT.

#### 7. Emergency Procedures:

- If you get into any sort of difficulty, you must get in contact with a member of staff as soon as you can. Do **NOT** phone your parents as the first point of call. Staff will then contact the appropriate people at home.
- It is not helpful to cause unnecessary stress for parents at home, who may hear rumours second/third hand via alarmist text messages.
- Ensure you have the emergency contact details with you. (It may be a good idea to put this contact number into your mobile phone if you have one).
- Know the address of the place where you are staying.





# ADVENTURES IN EDINBURGH

Join us on our adventure to Edinburgh! Throughout our trip you will visit the popular sites and attractions of the Scottish capital. We will explore Edinburgh's spooky history with a visit to Mary King's Close and The Edinburgh Dungeons. We will race through the city on a Harry Potter themed scavenger hunt and get creative at cultural arts workshops, including a workshop on Macbeth. We will also get lost in Edinburgh's spectacular castle. There will be opportunities to shop and get competitive over a game of bowling. Edinburgh is rich in culture and is one of the arts capitals of the UK, this is a trip not to be missed by anyone who loves the creative arts!

**Monday** Travel to Edinburgh.

**Tuesday** Edinburgh Dungeons, Museum of Scotland and Tenpin Bowling.

**Wednesday** Harry Potter Scavenger Hunt, Scottish National Gallery of Modern Art.

**Thursday** Mary King's Close Tour, Edinburgh Castle and Creative Workshop.

**Friday** Travel back to London.





# ALONG FOR THE TIDE

Come along for the Tide! This trip offers you a chance to learn new water sports you might not ordinarily try. You will have opportunities to surf, body board, coasteer, explore the beach and go for a swim during the day and then continue getting active in the evening with beach games and team building. From past experience we know your energy will be depleting after all this, so we have a movie night at the cinema to relax, before being back on it for the final night of dancing at the silent disco on the beach!

**Monday** Travel and Beach BBQ.

**Tuesday** Surfing and Body-Boarding.

**Wednesday** Surfing and Coast Steering.

**Thursday** Body-Boarding and one other.

**Friday** Travel home.



Notes: **You must be able to swim 50 meters unaided and be confident in the sea.**

**This is a very physical week, so if you do not enjoy sports or being active whether it is hot, wet or cold, then this is not the week for you!**





# FUN IN FRANCE

There we will visit the musée d'Orsay, have a stroll around Paris and get back to the accommodation to recharge. On Tuesday we are heading off to Disneyland for the day. On Wednesday we are doing a short city break, back in Paris, where we'll do many activities including a river cruise and enjoying the views from the top of the Montparnasse Tower. On Thursday, we will be going to another theme park for more adrenaline: Astérix!

**Monday** Travel to France.

**Tuesday** Disneyland.

**Wednesday** River Cruise and Montparnasse Tower.

**Thursday** Astérix Themepark.

**Friday** Travel back to London.

**£824**





# MOUNTAIN ODYSSEY

The Pyrenees north of Camprodón contain beautiful scenery and we will walk in valleys and in higher areas. This week includes lots of hiking and lots of culture including having lunch inside the crater of Santa Margerida and strolling through the magical beech forest of the Fageda d'en Jordà. Visits to Benedictine Monastery of Santa Maria de Ripoll; Monastery of San Joan de les Abadesses and a trip to the city of Girona, including the cathedral and the cloister, the Arab baths and the Jewish quarter. What a trip!

**Saturday** Travel.

**Sunday** Climbing Sant Antoni (730m). Swimming Pool.

**Monday** Climbing Bastiments Peak (2881 m). Swimming Pool.

**Tuesday** Climbing Puig Mal (2909 m). Swimming Pool.

**Wednesday** Hiking in the western part of La Garrotxa volcanic region.

**Thursday** Travel.

**Friday** Arrival back to LMS in the morning.

**£750**



**Notes:** This is a very physical week, you must be able to walk long distances in hot weather carrying your lunch and water.

The trekking activities will be subject to changes if the weather conditions do not permit us to carry them safely.







# ROLLERCOASTER ON THE RHINE

This trip offers you a chance to enjoy the vibrant city of Cologne, the fourth largest city in Germany. During the week we will visit the stunning and impressive gothic cathedral including an optional climb up the high tower and its 533 steps! Other activities include a trip to Köln Zoo to visit the meerkats and the Lindt chocolate factory to taste some delicious chocolate. We also spend a day at Phantasialand with its many rides including the popular Colorado Adventure and also enjoy some pop art at the Ludwig Museum of modern art. If after all of that you still have energy left there is MC Mellor's infamous disco and time to shop!

**Monday** Travel to Cologne.

**Tuesday** Cologne Cathedral and Zoo.

**Wednesday** Phantasialand themepark.

**Thursday** Lindt Museum, Ludwig Museum and Haribo Outlet.

**Friday** Travel back to London.

**£650**





# BLISSFUL BAKING

A perfect week for those who love baking. You will have workshops on how to make bread, cakes and biscuits - and learn a bit about their history as well. The week will end with a bake off competing against each other to win the LMS Bake-off Title!

**Monday** Bread making and cream tea.

**Tuesday** Cookies and cupcakes.

**Wednesday** Strawberry picking.

**Thursday** Jam making and menu planning.

**Friday** The Great LMS Bake Off!





# CURIOUS CREATIVES

An exciting week where you will see lots of Art and Design all over London. We will visit the Tate Galleries, go across London on the uber boat, and also have workshops at the Design Museum and The Royal Academy Summer Exhibition. In School, you will be making your own screen printed totes bags and upcycled t-shirts inspired by our week of creative joy!



**Monday** Screen/sun printing and tote bags.

**Tuesday** Walking tour to the Tate Modern.

**Wednesday** Workshop at Summer Exhibition (RA).

**Thursday** The Design Museum.

**Friday** Upcycling t-shirts.





# PG DETECTIVE INC.

Calling all scientists, detectives, novelists and aquarium enthusiasts of all levels! The week will be a mixture of in-school activities and workshops, interspersed with day trips to venues in London. We are particularly excited about the day of forensics workshops, which the students will put to use around LMS to crack a case that has long gone unsolved.... Later in the week we will make the journey to 221b Baker street to the Sherlock Holmes museum to see how the greatest fictional detective went about his own investigations. We will also visit the London Dungeon for a look at cases from another angle. As a final day treat we will take a trip to the London aquarium where, amongst other attractions, we plan to try out their new VR suite. We will follow this with a boat trip along the Thames to finish the week in style!

**Monday** Forensics workshops and escape room.

**Tuesday** Solve the Case!

**Wednesday** Sherlock Holmes Museum and detective walk.

**Thursday** London Dungeon.

**Friday** London Aquarium and boat trip.





# LITERARY LONDON

Features of this week in the world's greatest city of writers include an exciting team scavenger hunt across town, a trip to Shakespeare's Globe theatre, a terrifying time in the London Dungeons and the discovery of some gruesome and mysterious stories in the paintings of the National Gallery. By the end of the week you'll become one of London's great writers, creating your own mystery story.

**Monday** Literary Scavenger Hunt (across London).

**Tuesday** The Globe Theatre and a picnic on Bankside.

**Wednesday** National Gallery and a picnic at Victoria Embankment Gardens.

**Thursday** London Dungeons.

**Friday** Writing Workshop.





# LMS FILM FESTIVAL

Calling all movie buffs! This week will give you the chance to create your own movie. You'll visit a cinema for some inspiration and then get to filming on location around London, editing and showcasing the final product, at the LMS Oscars!

**Monday** Cinema visit.

**Tuesday** Plot writing.

**Wednesday** On location - filming.

**Thursday** Directing the film.

**Friday** Showcasing and the Oscars!





# LUSH LONDON

Take a break from the stresses and strains of daily life. Alongside lots of crafting activities you'll get to see the wonders of London and be a tourist in your own city. Enjoy a theatre trip and other outings such as boating, BBC Earth and a few surprises along the way. Last year we went to London Zoo, BBC Earth, Cineworld for a private screening, Gravity Wandsworth, Frozen Musical, Little Venice and boating in Camden, all with some exploring and crafting along the way.

**Monday** Kew Gardens Workshop.

**Tuesday** Craft morning and BBC Earth Exhibition.

**Wednesday** Tour of Central London Landmarks and West End Theatre Show.

**Thursday** Hyde Park and Afternoon Tea.

**Friday** Craft morning and Shrek Adventure.

